

THE MART MARCH

FW

MONDAY

fabulous
FREDDIES
Italian Eatery
FAMILY OWNED & OPERATED
SINCE 1990

TUESDAY



WEDNESDAY

RJC

THURSDAY



FRIDAY

Bacino's
AMERICA'S 1st HEART HEALTHY PIZZA!
Lincoln Park

Mex Sabori
CATERING BY FREDVILLE

The logo for OMG Olive Mediterranean Grill, featuring a green leaf icon and the letters "OMG" in a large, bold font, with "OLIVE MEDITERRANEAN GRILL" written below.

paks[™]
sushi, poké & more

— EST. 1976 —
Capriotti's
SANDWICH SHOP

SERNA'S
SANDWICHES

Hours:
11:00 AM - 2:00 PM

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Monday



SANDWICHES

Comes with choice of Pasta Salad or Mixed Greens Salad

Meatball and Mozzarella | \$10.00

Eggplant Parmesan | \$10.00

House made Italian Sausage | \$10.00

Classic Italian Beef | \$13.00

Combo Italian Beef & Italian Sausage | \$13.00

Add Mozzarella or Hot & Sweet Peppers | \$0.75 each

PASTA | \$10.00

Choice of Marinara or Brandi Cream (Vodka) Sauce

Add Meatball (2), Sausage (1), Eggplant (3) | \$5.00

SIDES | \$5.00

Pasta or Mixed Green Salad



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Monday



Bowl or Burrito | \$12

BASES

Cilantro Rice
Shredded Lettuce

PROTEINS

Carne Asada (+\$2)
Chicken Adobo
Ancho Tofu

TOPPINGS

Pico de Gallo, Cilantro, Onion
Shredded Lettuce, Cheese
Lime Wedges, Black Beans, Cajun Corn

SALSA BAR

Salsa Verde
Fire-Roasted Salsa Roja
Avocado Crema
Chipotle Ranch
Cilantro Lime Sour Cream

PREMIUM ADD-ONS

Chips & Salsa | \$2.99
Extra Sauce | \$0.99



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Tuesday



The Chick | \$12

Your choice of chicken Salad and a Side

The Trio | \$15

Add another Scoop or Side to your Meal

Just a Scoop | \$8.50

Pick any single Scoop of Chicken Salad

Chicken Salads served with Crackers or a Croissant on the Side

Classic Carol – The Recipe that got it all Started

Cranberry Kelli – Dried Sweetened Cranberries &

Slivered Almonds

Sassy Scotty – Bacon, Ranch, and Cheddar

Sides | \$4

Broccoli Salad, Pasta Salad, or Grape Salad



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Tuesday



OMG PLATE | \$14.00

CHOICE OF GRAIN:

TURMERIC RICE | MOROCCAN COUS COUS (WHEAT)

CHOICE OF PROTEIN (*HALAL):

CHICKEN SHAWARMA (MILD) | *SPICY CHICKEN KABOB
FALAFEL

CHOICE OF SALAD:

MEDITERRANEAN SALAD | CHICKPEA SALAD

Choice of Spread:

HUMMUS | PERUVIAN YOGURT (DAIRY)

HUMMUS AND PITA
(WHEAT) | \$4.50



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Wednesday



RJC

BYO SALAD & SOUP | \$15

BYO SALAD | \$12

ADD Falafel or Grilled Chicken | \$4

Bases

Mixed Greens

Kale

Roasted Chickpeas

Proteins

Falafel

Grilled Chicken

Toppings

Cherry Tomatoes

Pumpkin Seeds

Roasted Sweet Potato

Red Pepper Hummus

Kalamata Olives

Red Onions

Feta Cheese

Dressings

Lemon

Vinaigrette

Balsamic

Vinaigrette

Soup | \$6

March 4 | March 25

Chicken Noodle

Tomato Bisque

March 11 | March 18

Cheddar Broccoli

Potato Leek

Wednesday

EW **FOODWORKS**
THE BEST OF LOCAL



RAMEN or RICE BOWL | \$12.99

Creamy Tonkotsu Broth with Egg Noodles, Chashu Pork Belly, Corn, Carrots, Red Cabbage, Bamboo Shoots, Scallions, Sesame Seeds, and a Hint of Togarashi for Spice

CHICKEN TERIYAKI | \$12.99

Chicken in our House-Made Teriyaki Sauce, Served over Rice with Carrots, Red Pepper, Onion, and Broccoli

BEEF BULGOGI | \$12.99

Sliced Beef Marinated in our Special Bulgogi Sauce, Stir-Fried with Onions and Carrots and Served over Rice



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Thursday

EW FOODWORKS
THE BEST OF LOCAL



Sliced Brisket Sandwich | \$15

Chopped Brisket Sandwich | \$14

Pulled Pork Sandwich | \$12

Bowl BBQ Gumbo | \$11

Smoked Chicken, Sausage, and Rib Meat, in a Rich and Spicy Cajun Broth, Thickened with a Dark Roux served over Rice

Sides

BBQ Beans | \$5

Mac N Cheese | \$5

Slaw | \$4



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Thursday

 **FOODWORKS**
THE BEST OF LOCAL



CLASSIC ITALIAN | \$11.99

GENOA SALAMI, CAPICOLA, PROSCIUTTINI, ONION, PROVOLONE, OIL, SALT, PEPPER, OREGANO, LETTUCE, TOMATO

HOMEMADE TURKEY | \$11.99

SLOW-ROASTED HAND PULLED TURKEY, NO SLICED COLD CUTS HERE, AND TOPPED WITH PROVOLONE, LETTUCE, TOMATO, ONION, AND MAYO.

AMERICAN WAGYU BEEF | \$13.99

BEEF SLOW ROASTED AND PILED HIGH WITH MAYO, ONION, PEPPER, OREGANO AND TOPPED WITH PROVOLONE, LETTUCE, AND TOMATOES

CLASSIC CLUB | \$12.99

SLOW-ROASTED, HAND-PULLED TURKEY, PROSCIUTTINI PEPPERED HAM, HICKORY-SMOKED, HAND-CURED BACON, AND PROVOLONE CHEESE TOPPED WITH LETTUCE, TOMATOES, ONIONS, AND MAYO

WAGYU CLUB | \$13.99

SLOW-ROASTED, HAND-PULLED TURKEY, HICKORY-SMOKED BACON, AND AMERICAN WAGYU BEEF FROM SNAKE RIVER FARMS. LAYERED WITH PROVOLONE CHEESE, LETTUCE, TOMATOES, ONIONS, AND MAYO.

Friday



CHICAGO STYLE FAVORITES

FAMOUS GYROS ON PITA | \$14
Topped with Tomato, Onions, Tzatziki Sauce

GRILLED CHICKEN ON PITA | \$10
Topped with Lettuce, Tomato, Tzatziki Sauce

ITALIAN BEEF ON FRENCH BREAD | \$12
Topped with Hot Giardiniera Peppers

MAXWELL STREET POLISH - VIENNA BEEF | \$7.00
Polish Sausage on a Bun with Grilled Onions, Mustard & Sport Peppers

CHICAGO STYLE HOT DOG - VIENNA BEEF | \$5.00
Hot Dog on a Bun topped with Tomato, Onions, Pickle, Relish, Mustard, Sport Peppers & Celery Salt

TUNA SALAD ON FRENCH BREAD- | \$10.00
Lettuce, Tomatoes, Onions

SIDES

SMALL SIDE SALAD WITH DRESSING | \$7.00
Dressings: Ranch, French, Italian, Tzatziki

GARLIC PITA CHIPS | \$5.00
with Wisconsin Cheddar Cheese



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Friday



Stuffed Pizzas

Bambino Stuffed Spinach Supreme | \$10

Bambino Stuffed Cheese Pizza | \$10

Bambino Stuffed Sausage Pizza | \$10

Thin Pizzas

Bambino Thin Veggie Pizza | \$9

Bambino Thin Cheese Pizza | \$9

Bambino Thin Pepperoni Pizza | \$9

Salads

Bacinos Garden Salad | \$9

Bacinos Caesar Salad | \$9



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